

**Substance Abuse Treatment  
and  
Related Services  
For Women and Children  
in Philadelphia**

**Behavioral Health System  
Women and Families Planning and Program Unit  
November 2002**

*This directory contains information on drug treatment and related programs that specialize in women and children. For each agency that submitted materials, you will find a program description, the services provided, eligibility criteria and the referral process. The programs are categorized as residential, outpatient, intensive outpatient, specialized services, and transitional housing. Agencies that did not submit descriptions are listed with their address and phone number at the end of the appropriate section.*

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*This directory was compiled by the  
Women and Families Planning and Program Unit  
For additional information, please call 215-685-5411.*

*Bonnie Strahs, Director*

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# **BHS**

## **THE BEHAVIORAL HEALTH SYSTEM**

The county of Philadelphia has integrated its behavioral healthcare services into a comprehensive **Behavioral Health System (BHS)**. BHS is comprised of the Office of Mental Health (OMH), the Coordinating Office for Drug and Alcohol Abuse Programs (CODAAP) and Community Behavioral Health (CBH). This integrated behavioral health system serves people who are eligible for Medical Assistance as well as those who are uninsured and under insured.

The goal of the Behavioral Health System is to provide care for individuals consistent with their needs, regardless of the funding stream that pays for the care.

### **Office of Mental Health (OHM)**

*A comprehensive array of services for Philadelphia residents with mental illness  
215-685-5400*

The Philadelphia Office of Mental Health (OMH) provides administrative, fiscal and program planning management for a comprehensive array of services for persons with mental illness. The mental health dollars provide services to adults with severe mental illness and children with emotional disturbances. These funds are spent on residential services, emergency services, rehabilitative services and consumer run programs, including the Consumer Satisfaction Team.

OMH is primarily funded by the Pennsylvania Department of Public Welfare (DPW), through state base allocation and federal block grant dollars. Funding is also provided by the City of Philadelphia through its general fund to comply with state match requirements to further efforts to address the mental health needs of the citizens of Philadelphia.

### **Coordinating Office for Drug and Alcohol Abuse Programs (CODAAP)**

*Offering substance abuse prevention, intervention and treatment services in the City of Philadelphia  
215-685-5444*

The Coordinating Office for Drug and Alcohol Abuse Programs (CODAAP) has the responsibility of planning, funding and monitoring substance abuse prevention, intervention and treatment services within the city of Philadelphia.

Through contracts with a network of community providers, CODAAP offers an array of prevention and treatment services, including outpatient drug free and methadone maintenance services, intensive outpatient, detoxification and residential services. It also operates a separate unit to administer Pennsylvania's Behavioral Health Special Initiative (BHSI), providing services for individuals who have lost Medical Assistance eligibility. In addition, CODAAP provides an array of supplemental services, including recovery housing and social support services.

## **Community Behavioral Health (CBH)**

*Serving adults, children and adolescents with mental health and substance abuse problems  
who are eligible for Medical Assistance*

*215-413-3100*

Community Behavioral Health, the newest component of the Behavioral Health System, is the managed care component of the integrated, comprehensive system and is the point which connects people who are eligible for Medical Assistance with covered adult, child and adolescent mental health and substance abuse services.

These services include inpatient hospitalization, partial hospitalization, psychiatric outpatient services, residential treatment for children, Early Periodic Screening, Diagnosis and Treatment (EPSDT) for children, drug and alcohol hospital and non-hospital based rehabilitation programs, methadone treatment and outpatient and intensive outpatient programs.

CBH plans for and coordinates the delivery of covered services to recipients of Medical Assistance and works closely with OMH and CODAAP to insure a full and appropriate range of behavioral health treatment modalities and supportive services.

# **Residential Treatment Programs**

**Bowling Green Brandywine  
Comprehensive Addiction Program  
P.O. Box 787  
Kennett Square, PA 19348  
Phone 610-268-3588  
Fax 610-268-2334**

**Program Description**

Drug and alcohol residential in patient facility with intensive out patient program.  
Capacity is 81 beds.

**Service Provided**

- Methadone detox
- We accept pregnant women
- Long term program
- Medically managed detox
- After care

**Eligibility Criteria**

Patients must be funded and approved by either BHSI or CBH prior to admission.  
Pregnant women are accepted.

**Referral Process**

Referrals are made by BHSI staff or by evaluating facility in the case of CBH.

**Episcopal Hospital  
Beacon House  
100 East Lehigh Avenue  
Philadelphia, PA 19125  
Phone: 215-427-2209 or 215-427-6275  
Fax: 215-427-6292**

**Program Description**

*Beacon House (Residential) 215-427-6275 - Intake/Admissions 215-427-2209*

- Residential program for pregnant and parenting women with substance abuse problems.

*Outpatient Substance Abuse Unit – 215-427-2209*

- Monday, Tuesday, Wednesday and Friday: 9 am to 5 pm; Thursday: 9 am to 7 pm.
- Additional evening hours by appointment.
- Assessment site.
- Outpatient counseling for adults with substance use disorders.
- Intake/Screenings available during all office hours: 215-427-2209.

**Services Provided**

- Variable length of stay – Residential Care
- Day care and prevention services for children
- Individual, group and family therapy
- G.E.D. preparation and adult basic education
- Relapse prevention planning
- Vocational evaluation and employment preparation
- Aftercare planning
- Life skills development
- Pre-natal care, maternity and a full range of adult and child medical services are available on campus

**Eligibility Criteria**

- Drug/alcohol dependent
- Adult females
- Pregnant or parenting women
- Able to participate in intensive residential therapy program
- Residents may be accompanied by 2 children, 12 years or under

## **Referral Process**

Call 215-427-2209 or 215-427-6275. This number is staffed 24 hours a day.

- Admissions arranged directly.
- Clients are screened by phone for appropriateness, then scheduled for intake. Children must also be evaluated pre-admission.

**Family House N.O.W.  
1020 N. 48<sup>th</sup> St.  
Philadelphia, PA 19131  
Phone 215-878-8616  
Fax 215-878-8603**

### **Program Description**

Residential Treatment Program for homeless, pregnant and parenting women with co-occurring disorders of mental illness/drug abuse.

### **Services Provided**

- Individual and group therapy that includes addiction/mental health recovery
- Life skills
- Parenting skills
- Weekly psychiatric services
- Pre-school on site

### **Eligibility Criteria**

A woman must be 18 years of age. She must be homeless with substance abuse and mental health diagnoses. She also must be pregnant or have children (no more than 2) under the age of ten. In rare cases, we may accept 3 children.

### **Referral Process**

Referral information is taken over the phone by the Unit by calling 215-878-8616; an appointment is given for an interview to assess the woman's willingness and appropriateness for treatment. Ideally we would like the woman and her children to have updated physicals prior to entering treatment. We also ask that the referral source provide the woman with a letter verifying her homelessness.

**Gaudenzia – Kindred House  
1030 S. Concord Rd.  
West Chester, PA 19382  
Phone 610-399-6571  
Fax 610-399-0950**

**Program Description**

Kindred House is located on the spacious Gaudenzia Campus in Chester County, PA. It is within 30 miles of Philadelphia. Kindred House opened in 1989. It is a residential program that provides services for substance abusing pregnant/parenting women and their children. Kindred House was originally designed to serve inner city women and children from Philadelphia. Presently, Kindred House has expanded to provide services to Chester and surrounding counties in the southeast region of Pennsylvania.

Kindred House provides parenting groups, prevention groups for children, TREM, and housing prevention groups seminars/referrals.

In addition, Kindred House has six (6) transitional apartments in West Chester for recovering women and their children who have completed treatment.

**Services Provided**

Long-term drug and alcohol rehabilitation facility for pregnant/parenting women and their children.

Services offered:

- Transportation if necessary
- Individual, group and family counseling
- Milieu Therapy (in-house work and interaction)
- ABE/GED educational classes
- Recreational activities
- Vocational planning, training and referral
- Legal and medical referral
- AA and NA orientation
- Continued care planning and referral follow-up

## **Eligibility Criteria**

- Women must be drug/alcohol free (detox is necessary)
- Up to 2 children, 10 and under
- Limited psychotropic medication
- No serious medical conditions if they would impede D&A treatment
- Must meet level of care criteria (Pennsylvania Client Placement Criteria)

## **Referral Process**

- Call Intake Specialist, Lisa Tibbs at 610-399-6571
- Self-referred: Intake Interview on phone or in person including determined level of care
- Referred by Detox, DHS, other agencies or managed care agency: interview with Intake Specialist including determined level of care; transportation can be provided

**Gaudenzia - New Image**  
**1300 E. Tulpehocken Street**  
**Philadelphia, PA 19138**  
**Phone: 215-924-6322**  
**Fax: 215-924-5531**

### **Program Description**

New Image is a residential substance abuse treatment facility for homeless women located in the Stenton Family Manor shelter in the City of Philadelphia. A woman can bring up to two children under the age of 10 into treatment with her or be pregnant with no other dependent children. New Image can accommodate 17 adult women and 34 children. The program is clinically designed as a therapeutic community, an established treatment modality that emphasizes responsible behavior. Besides receiving clinical care relating to chemical dependency, the women also receive parenting skills workshops, and child development intervention services. There is a day care and prevention component for the children.

### **Services Provided**

- Individual and group counseling
- Milieu therapy (in-house work and interaction)
- Family counseling, life skills seminars, drug and alcohol education seminars, GED classes, vocational planning, parenting skills
- Alcoholics Anonymous, Narcotics Anonymous meetings and 12 Step meetings
- Urinalysis screening
- Transitional living housing option based on completion and availability (in collaboration with the Office of Emergency Services and Shelters)

### **Eligibility Criteria**

Chemically dependent homeless women with children or pregnant over age 18. If the woman does not presently have custody of her children, reunification must happen within 60 days after admission to the program. Must meet Pennsylvania Client Placement Criteria for long-term residential treatment. Women will be evaluated on an individual basis if on psychotropic medication.

### **Referral Process**

Contact Program Director or Administrative Coordinator at 215-924-6322.  
Fax 215-924-5531

**Genesis II, Inc. - Caton Village**  
**1239 Spring Garden St.**  
**Philadelphia, PA 19123**  
**Phone 215-978-8010**  
**Fax 215-978-7089**

**Program Description**

Genesis II, Inc. is an established non-profit organization founded in 1979. The agency serves as a long-term treatment center to Philadelphia's low-income female residents, who have been identified as drug dependent. In accordance with its mission, to provide treatment and ancillary services to individuals with substance abuse problems, the agency's primary goal is to restore clients to responsible and productive citizens with good mental health and a stable economic position. Genesis II, Inc. sponsors two residential treatment facilities: Second Beginning, for women, and Caton Village, for pregnant and/or parenting women with children from birth through 12 years old. Each woman may bring an average of two children; in special conditions, three children may come. We also facilitate reunifications and visitations.

**Services Provided**

- Individual and group counseling
- Parent/child counseling
- Family therapy
- Education components: Adult Basic Education courses and GED preparation
- Child care
- Foster grandparents
- Sexuality groups
- Family planning
- Social and cultural activities
- TREM Group – Trauma Recovery Empowerment Model
- Family literacy activities
- Family Planning Council weekly GYN clinic

**Eligibility Criteria**

- Diagnosed with Chemical Disease Disorder, and/or psychological disorders with a chemical disease history
- Exhibits signs/symptoms of Chemical Disease Disorder with severity great enough to inhibit social, vocational, and/or educational function, as defined by Pennsylvania Client Placement Criteria for level 3C Care (long term residential)
- Be 18 years or older, and female
- Have BHSI or CBH service approval
- Dual-diagnosed clients assessed by our psychiatrist as stabilized on medication may be admitted

## **Referral Process**

- Clients can be self referred and/or referred via another referral source
- All referral inquiries should be directed to the Genesis II, Inc. Intake Coordinator, phone, 215-978-8010 or fax 215-978-7089
- The Intake Coordinator will assess prospective clients' appropriateness for treatment in conjunction with the Program Director, using standard clinical assessment

**Genesis II Inc.**  
**Second Beginning Treatment Facility**  
**1214 N. Broad St.**  
**Philadelphia, PA 19123**  
**Phone 215-763-2650**  
**Fax 215-232-9895**

**Program Description**

The Second Beginning treatment facility, located at 1214 N. Broad Street in North Central Philadelphia, provides rehabilitation to single women. Homeless as well as pregnant women are accepted into the program. The term of residency is variable, ranging from six months to one year.

A normal day begins at 8:30 a.m. with breakfast, followed by community meeting. With the exception of mealtimes and smoke breaks, the residents are engaged in individual or group activity focused on their recovery, rehabilitation, and integration in their communities ten hours per day. Weekends are devoted to chores, visitations, church and cultural activities.

The Second Beginning staff works closely for the recovery of each woman in treatment. Individualized treatment issues are identified through counseling sessions and therapeutic groups. The feel of "home" and sense of community aid the women in their quest to become "substance free."

**Service Provided**

- Individual and group counseling
- Educational components; Adult Basic Education Courses and GED preparation
- Life Skills and Employability Assessments
- Family planning
- Support groups
- Relapse prevention training
- Sexuality groups
- Social and cultural activities
- A host of auxiliary support interventions

## **Eligibility Criteria**

- Be diagnosed with Chemical Disease Disorder, and/or psychological disorders with a chemical disease history
- Exhibit signs/symptoms of Chemical Disease Disorder with severity great enough to inhibit social, vocational, and/or educational function, as defined by Pennsylvania Client Placement Criteria for level 3C care (long-term residential)
- Be 18 years or older, and female
- Have BHSI or CBH service approval

## **Referral Process**

- Clients can be self-referred and/or referred via another referral source
- All referral inquiries should be directed to the Genesis II, Inc. Intake Coordinator, phone, 215-763-2650 and fax 215-232-9895
- The Intake Coordinator will assess prospective clients' appropriateness for treatment in conjunction with the Program Director, using standard clinical assessment criteria.

**Interim House, Inc.**  
**333 West Upsal Street**  
**Philadelphia, PA 19119**  
**Phone 215-849-4606**  
**Fax 215-849-3776**

### **Program Description:**

Interim House is a residential and outpatient treatment program that provides a continuum of comprehensive services for women addicted to drugs and alcohol. Our program includes three levels of care: Outpatient Counseling, Intensive Outpatient Services, and Residential Treatment. Incorporated in 1971, Interim House was the first such specialized program in the Commonwealth of Pennsylvania and one of the first in the nation. It has served as a model for innovative treatment of substance abusing women.

Interim House takes a holistic approach to treating the physical, mental, emotional and spiritual aspects of addiction in a supportive and caring environment. Interim House offers a wide range of therapeutic and support services to clients with an emphasis on:

- Preventing relapse
- Establishing stability and responsibility
- Improving life and parenting skills
- Developing and strengthening a support system
- Establishing links to support services

### **Services Provided**

*Residential Treatment Program:* Interim House provides a range of highly structured activities 12 hours per day for 25 women through the Residential Treatment Program. Comprehensive therapeutic and support services are designed to help women develop self-awareness, positive self-images and the skills necessary to rebuild lives that have been affected by addiction. Women in Residential treatment generally remain in programming for four to six months.

*Intensive Outpatient Program (IOP):* IOP is designed to serve women who have graduated from residential substance abuse treatment programs or who do not need the intensity of residential services. IOP services are offered three days per week from 9:30 a.m. to 12:00 p.m. Services include individual therapy, case management support, housing assistance, in-home assistance and outreach, and group therapy which includes relapse prevention, step-group, creative expressions, life skills, job readiness/ preparation, and computer lab. Women in IOP generally remain in programming for three to six months of treatment. Evening and day appointments are available for individual sessions.

*Outpatient Counseling Program:* the Outpatient Counseling Program focuses on helping women in recovery from addiction to drugs or alcohol maintain continuous sobriety, sustain a healthy support system, and achieve economic self-sufficiency. Services include both individual and group therapy. Group topics and skill-building opportunities include: relapse prevention, step group, creative expressions, life skills, job readiness/preparation, and computer lab. Evening and day appointments are available.

*Treatment Services for all programs:*

Interim House staff work closely with each client to design an individual treatment plan. The following services are available to help each client attain her goals:

- Individual therapy
- Group therapy
- Addictions education
- Relapse Prevention group
- 12-Step meetings
- AA/NA Meetings
- Parenting classes
- Healthy Relationship classes
- Art and Movement therapy
- AIV/AIDS education and therapy
- Life Skills training
- Sexuality classes
- GED preparation
- Computer Lab
- Job Readiness preparation
- Case Management services
- Health Education
- Physician and Nursing services
- Psychiatric services
- Recreational and Social activities
- Alumnae Meetings

### **Eligibility Criteria:**

- 18 years or older
- Drug and/or alcohol dependent or have a recent history of substance abuse
- Low income
- Philadelphia resident
- Willingness to make a six month minimum commitment to treatment

### **Referral Process:**

Outpatient/IOP referrals and Residential referrals – call 215-849-4606

**Interim House West  
4108-20 Parkside Avenue  
Philadelphia, PA 19104-1037  
Phone 215-871-0300  
Fax 215-477-0244**

### **Program Description**

Interim House West (IHW), located in West Philadelphia, is a long-term drug and alcohol residential and continuing-care treatment program for addicted women and their children. The 6-9 month program is located in West Philadelphia and may serve 20 women and up to 50 children at any given time.

### **Services Provided**

- Individual therapy (for adults and children)
- Group therapy (for adults and children)
- Family therapy
- AA/NA meetings
- After-school program
- Case management
- Adult education
- Vocational preparation
- Relapse prevention
- Conflict resolution
- Parenting skills
- Fitness instruction
- Life skills
- Pre-school
- Off-site recreational activities
- Health and sexuality education
- On-site nursing care
- Aftercare planning
- Pre/post-natal education
- Peer support

## **Eligibility Criteria**

Over 18

Pregnant or children (up to 3 children)

## **Referral Process**

Contact Admissions Coordinator at 215-871-0311

**M.A.T.E.R**  
**Maternal Addiction Treatment Education and Research**  
**My Sister's Place**  
**5601 Kingsessing Avenue**  
**Philadelphia, PA 19143**  
**Phone 215-727-1640**  
**Fax 215-727-7453**

**Program Description**

Maternal Addiction Treatment Education and Research (MATER) incorporates Family Center (FC) Outpatient/Intensive Outpatient and My Sister's Place (MSP) Residential Programs. MSP is a comprehensive residential treatment program for substance abusing pregnant and parenting women and their children. My Sister's Place's program is 6 months to one year in duration and is located at 5601 Kingsessing Avenue in Southwest Philadelphia.

**Services Provided**

Residential

- Medical and obstetrical services
- Individual, group, family psychotherapy
- Methadone maintenance
- Addiction counseling and education
- HIV counseling and testing
- Psychiatric services (for non-psychotic, dually diagnosed)
- 12 Step meetings
- Specialized groups on women's issues
- Case management
- Parenting support group
- Developmental programs for children
- Parent-child activities
- Child-care services
- Adjunctive life skills programs through Provider Network (Parenting, GED, Nutrition, Fitness)

## **Eligibility Criteria**

Substance abusing pregnant and parenting women 18 years and above with children (ages 0-6 years). Clients may be on methadone maintenance. Clients may be self-referred. All possible admissions must have a current PPD TB test. A current physical is recommended.

## **Referral Process**

Referrals must be made Monday through Friday from 8:30 AM to 4:30 PM. by calling the Intake/Social Worker at 215-727-7453.

**Womanspace**  
**6400 Germantown Ave.**  
**Philadelphia, PA 19119**  
**Phone 215-844-2400**  
**Fax 215-844-2425**

### **Program Description**

Womanspace is a long term (6 month) residential D/A program for women with the capacity for serving 10 women at a time. Counseling services are provided at the facility, and community resources for literacy, vocational training and housing are utilized.

### **Services Provided**

- Individual and group therapy
- Relapse prevention
- Criminal justice counseling
- Life skills
- Parenting
- Stress management

### **Eligibility Criteria**

- Female, 18 yrs. or older
- Homeless
- Drug and/or alcohol abuser
- Involved with Philadelphia criminal justice system
- Must be a resident of Philadelphia

### **Referral Process**

Referrals are made through the Defenders Association, Probation, FIR and FOCIS network.

**Together House  
Women's FIR Program  
1306 Spring Garden Street  
Philadelphia, PA 19123  
Phone 215-238-2163 x228  
Fax 215-238-2171**

**Program Description**

The FIR program identifies and clinically assesses women who are involved in criminal behavior and have mental health as well as substance abuse diagnoses. The program utilizes a Therapeutic Community (TC) model of treatment. The TC model is especially suited for work with a criminal justice population as it provides a highly structured environment with daily schedules of activities, house rules, and close supervision. The program also utilizes multi-disciplinary treatment team approaches where the team meets twice a week and brings together professionals from psychiatry, counseling, social work and nursing. The overall goal of Together House is to successfully place women back into the community and the community based mental health system and recovering community.

**Services Provided**

- Individual and group counseling
- Psychiatric evaluation and consultation
- Nursing services and medical monitoring
- Social work and case management services
- AA/NA, Double Trouble groups
- Education remediation
- Mental Health groups and education
- Substance Abuse education
- Medication management
- Life skills management
- Stress management
- Continuing case planning
- Recreation activities
- Gender specific group sessions

## **Eligibility Criteria**

Adult females diagnosed with a co-occurring disorder in the Forensic Intensive Recovery Program in the City of Philadelphia.

## **Referral Process**

Through the Forensic Intensive Recovery Program managed by the Coordinating Office for Drug and Alcohol Abuse Programs. Social workers interview women at the correctional facility prior to admission, gather pre-admission information including: a recent psychiatric evaluation, physical examinations, current medications, and treatment histories.

**Outpatient**  
including  
**Intensive Outpatient**  
and  
**Specialized Services**

**A New Life**  
**R.W. Brown Community Center**  
**1701 N. 8<sup>th</sup> St.**  
**Philadelphia, PA 19122**  
**Phone 215-763-0900**  
**Fax 215-763-8088**

**Program Description**

A unit of Crime Prevention Association, A New Life is an Intensive Outpatient and Outpatient Program for addicted pregnant and/or parenting women.

**Services Provided**

A New Life Program provides a continuum of care that supports pregnant women and women with children towards self-sufficiency.

- Addiction treatment and relapse prevention education
- Individual, group, and family therapy
- Specialized groups on women's issues
- Supportive services during pregnancy and infant care
- Case management (support in accessing services for self/children)
- Prevention Health Education for self/children

Family Preservation and Reunification Services

- Mentor Home Placement (maximum 2 young children)
- Reunification support with older children
- Parenting Education
- Parent-Child Interaction groups
- Developmental evaluations for children
- Full range of child care services (including full day kindergarten)
- After school and evening programs for youth (ages 6-18)
- Home visits
- Parent support groups
- Family Counseling

Housing and Vocational Services

- Transitional Housing for homeless women (maximum 4 children under age 12)
- Permanency planning
- Shelter Plus Care for families that require ongoing housing support
- Life skills education
- Job readiness training
- Educational and vocational placement

## **Eligibility Criteria**

### Intensive Outpatient Program

- 18 years of age or older
- Addicted
- Pregnant and/or parenting (infant and/or young children)
- Requires structured program and high likelihood of relapse without close monitoring and support

### Outpatient Program

- 18 years of age or older
- Addicted
- Pregnant or parenting
- 3 months abstinence or completion of inpatient, able to maintain abstinence and recovery goals with minimum support

## **Referral Process**

Call 215-763-0900 ext. 162, and speak to Intake Coordinator

**Caring Together Program**  
**MCP – Hahnemann**  
**3300 Henry Ave., APH-2<sup>nd</sup> Floor**  
**Philadelphia, PA 19129**  
**Phone 215-842-7161**  
**Fax 215-843-3536**

**Program Description**

Substance abuse in women continues to be a major health problem, both nationally and in Philadelphia. These women and their children constitute a population with high risk for significant morbidity and mortality from both the direct medical, psychiatric and psychological effects of substance abuse as well as the concomitant problems associated with chemical dependency including high rates of comorbid psychiatric disorder, physical and sexual abuse/family violence, sexually transmitted diseases, malnutrition, and legal and functional problems. Access to gender appropriate substance abuse interventions and treatment remains inadequate for this population. Medical facilities, one of the few points of entry into treatment for this population, generally provide non-empathic, poorly coordinated care and referral.

The Caring Together Program is dedicated to providing a safe and nurturing environment where women and their children can begin to build new lives without substance abuse.

**Services Provided**

Treatment modalities utilized depend on the specific needs of each client. The multidisciplinary team provides supportive, cognitive-behavioral, insight-oriented and psychoeducational approaches with an emphasis on abstinence, relationships, life skills, parenting issues, development trauma and the impact of addiction on the client's life. Addiction counseling and treatment takes place in individual sessions and regularly scheduled groups. Additionally, there are client incentives which follow:

1. *Meals*: Meal tickets to the hospital cafeteria are provided to women and their children following treatment sessions. This increases the women's acceptance of the program by creating a more hospitable environment and serves as a means of supplementing nutrition.
2. *Transportation*: Lack of funds and traveling with infants and small children represents a major obstacle to treatment. The provision of bus tokens plays a significant role in decreasing this burden and increasing compliance.

3. *Literacy Program*: A Literacy Program is available on-site for clients who are preparing for their GED, or who need basic tutoring to develop their math and reading skills. Sessions are offered on an individual basis.

### **Eligibility Criteria**

The Caring Together Program will admit women from all walks of life, between 18 and 60 years of age, who:

- Manifest primary symptoms of substance abuse
- Speak English and have no debilitating mental health or physical condition (but facility is wheel-chair accessible)
- Dual-diagnosed but stable

### **Referral Process**

Call 215-842-7161 and an initial intake can be done on the phone or a client can walk in to the facility. Walk-ins are seen immediately. Phone-ins will be given an appointment to be seen to do an extended intake. A client will be admitted within 24 hours.

**CHANCES**  
**1200 Callowhill Street**  
**Philadelphia, PA 19123**  
**Phone 215-923-0218 x 10**  
**Fax 215-923-5650**

## **Program Description**

CHANCES is an outpatient and intensive outpatient substance abuse treatment program for women with children. Our mission is to assist individuals demonstrating a genuine willingness to participate in treatment. The program provides a range of therapeutic services individually tailored to assist women to develop the skills necessary to live independent, productive, drug free lives. Services are holistic and family focused.

CHANCES staff works cooperatively with each woman as she either begins or continues the process of overcoming her addiction. We recognize, appreciate and respect differences among individuals and make every effort to create an environment that both honors individual differences and attempts to integrate diversity and individual needs into a structured therapeutic program designed to enrich the lives of each woman attending the program.

## **Services Provided**

CHANCES provides a range of services to assist women in understanding and addressing the complex issues that often lead to addiction and that accompany the recovery process.

These services include:

- Comprehensive assessments
- Family literacy program
- Individual, group and family therapy
- Case management
- Parenting education
- Job training
- Health care services
- ABE/GED education
- Early childhood program

CHANCES understands that recovery isn't easy; however, we know that recovery is possible. We believe that when equipped with the appropriate skills and positive coping strategies, individuals can become better prepared to meet life's challenges without reliance on chemicals.

## **Eligibility Criteria**

To participate in CHANCES' substance abuse treatment programs, individuals must be:

- Women 18 years and older
- Pregnant and/or parenting (only children five years of age or younger may participate in the children's program)
- Drug and/or alcohol dependent (including women with co-occurring mental health issues)
- Low income

## **Referral Process**

Please call 215-923-0218 extension 11.

**Consortium  
Family Preservation Program  
4219 Chester Avenue  
Philadelphia, PA 19104  
Phone 215-596-8175  
Fax 215-596-8183**

**Program Description**

Provides individuals and families traumatized by chemical dependency with therapy, encouragement and supportive services. Promotes abstinence from drugs and alcohol. Utilizes a holistic approach in working with the family system, endeavoring to respond to individual and collective needs.

**Services Provided**

- Individual, group and family therapy
- Psychotherapeutic parenting skills classes
- Case management and outreach services
- Psychiatric evaluation and medication monitoring for dually-diagnosed clientele (drug and alcohol and mental health)

**Eligibility Criteria**

Person eligible for admission to the Family Preservation Program must be:

- Adult, 18 years of age or older
- Female
- Reside in the West Philadelphia Area
- Drug or alcohol dependent
- Parents or guardians of children ages 0-16 and/or pregnant

**Referral Process**

Contact the Program Intake, 215-596-8000 extension #229.

**Dr. Warren E. Smith Centers  
Women's World  
1315 Windrim Avenue  
Philadelphia, PA 19141  
Phone 215—456-2704  
Fax 215-456-2713**

**Program Description**

The program is designed to provide a range of out-patient and supportive services to women and women with children who are affected by substance abuse and related issues. The women in the program range from 18 – 55 years of age. The treatment modality encompasses a holistic approach and is specifically designed to engage the difficult-to-treat client. WES strives to help each consumer develop realistic coping skills and encourages them to accept responsibility for their lives and the lives of their children.

**Services Provided**

Women's World provides childcare services for children six months to five years of age. Van service and lunch are provided daily. Treatment services are offered daily and consist of two groups and one individual session weekly. The following Core Services are offered daily:

- Domestic Violence Education
- ABE Class
- Parenting Class
- HIV/AIDS Testing
- Counseling
- Time Out (Exercise Class)

Evening hours are available by request.

**Eligibility Criteria**

Women in need of intensive outpatient and outpatient treatment for substance abuse and mental health issues. Must meet level 1A care on Pennsylvania Client Placement Criteria Assessment. Women's World provides these services for women with or without children. Funding provided by CBH or BHSI.

## **Referral Process**

No waiting lists. A telephone pre-screening is completed and prospective clients are given a date for assessment within 24 hours. Referrals come from many sources, example: Einstein, Lanckenau, FOCIS, Model Court, DHS, Probation, in house and also from the street. Clients call 215-456-2704 for assessment and intake. Pre-screening is done over the phone and an appointment is given for an intake session usually within 24 hours. After intake, women begin the program – sometimes immediately.

**M.A.T.E.R**  
**Thomas Jefferson University**  
**Family Center**  
**1201 Chestnut St. – 11<sup>th</sup> Floor**  
**Philadelphia, PA 19107**  
**Phone 215-955-8577**  
**Fax 215-568-6414 or 215-568-4664**

### **Program Description**

Maternal Addiction Treatment, Education and Research (MATER) provides comprehensive treatment services to pregnant and parenting women, specializing in the treatment of opiate addicted pregnant and parenting women. A full continuum of care is available, which includes in-hospital methadone stabilization for pregnant opiate addicted women (TJUH), outpatient treatment, intensive outpatient treatment (Family Center) and residential treatment (My Sister's Place). Methadone maintenance is available in all levels of care.

### **Services Provided**

- Medical and obstetrical services
- Individual, group, family psychotherapy
- Methadone maintenance
- Addiction counseling and education
- HIV counseling and testing
- Psychiatric services (for non-psychotic, dually diagnosed)
- 12 Step meetings
- Specialized groups on women's issues
- Case management
- Parenting support group
- Developmental programs for children
- Parent-child activities
- Child care services
- Life skills

## **Eligibility Criteria**

Substance abusing pregnant and/or parenting women 18 years of age and above.

## **Referral Process**

Referrals can be made Monday through Friday from 8:30 A.M. to 4:30 P.M. Calls should be made to the intake counselor at 215-955-8577.

**Northeast Treatment Center  
497 N. 5<sup>th</sup> Street – Suite B  
Philadelphia, PA 19123  
Phone 215-451-7100  
Fax 215-408-4952**

**Program Description**

Northeast Treatment Center's Spring Garden Counseling Center provides a women only program for women over the age of 18 with co-occurring disorders, victimized by childhood neglect and abuse, sexual trauma and trauma associated with violence, including battery and rape. We provide a safe, nurturing, and unique therapeutic environment that is deeply sensitive and responsive to women in crisis. Our program offers a variable length of stay, intensive outpatient experience for traumatized women. The program provides a three-phase process geared toward maintaining and achieving sobriety, maintaining affective stability, resolution of interpersonal and intrapersonal conflict, and initiating trauma recovery process that will be recognized as an ongoing process. Phase one is the motivation for recovery phase. The second phase is designed to promote interpersonal stability and environmental support through the development of socially supportive networks and arrangements for safe housing. The third phase is directed toward helping the recovering, traumatized women move forward to resolution of interpersonal conflict. This phase helps redefine the women through self-healing and empowerment. The women experience, throughout the process of self-discovery, a renewed belief in their unlimited potential to feel their inner strength, which creates self-esteem and self-responsibility.

**Services Provided**

Northeast Treatment Center provides a wide range of services to promote the achievement of aforementioned therapeutic goals. We provide:

- Individual therapy
- Group therapy
- Psychiatric evaluation and consultation
- Psychological testing
- Family/couple counseling
- Parenting education programs
- Esteem building experiences
- Anger management
- Relationship training
- Fitness programs
- Life skills counseling
- Pre-vocational programs
- Housing search services
- Job search services

- Day-care options
- Social service support
- Medical consultation
- Vitamin and dietary health services
- Programs on linking one's past traumas to today's experiences
- Limit setting and boundary setting education
- Female sexuality
- Family planning

### **Eligibility Criteria**

All women over eighteen who are chemically dependent and have co-occurring disorders are eligible for our program. Exclusionary criteria apply to women who are psychiatrically unstable, for example presenting with suicidal or homicidal ideation.

### **Referral Process**

To make a referral contact our admissions office located at 497 N. 5<sup>th</sup> Street by calling 215-451-7100 between the hours of 9:00 a.m. and 5:00 p.m., Monday through Friday.

**University of Pennsylvania Health Systems  
Presbyterian Medical Center  
3910 Powelton Avenue  
Philadelphia, PA 19104  
Phone 215-662-8793  
Fax 215-662-9363**

**Program Description**

Presbyterian Medical Center provides intensive outpatient counseling, inpatient detox and rehabilitation, drug and alcohol assessment and placement. The outpatient program provides gender specific treatment for men and women.

**Services Provided**

Services offered in the Women's Program include:

- Day care with pre-school education component for the women in treatment
- Job readiness and job placement
- GED and literacy referral
- Life skills training
- Parenting classes
- Self-esteem enhancement
- Trauma support groups

**Eligibility Criteria**

- 18 years of age or older
- Substance dependent and abusing clients/patients and significant others

**Referral Process**

24 hour hotline for assessment for approval to enter program, 215-662-8747.

**Women in Transition**  
**21 S. 12<sup>th</sup> St. – 6<sup>th</sup> Floor**  
**Philadelphia, PA 19107**  
**24 Hour Hotline 215-751-1111**  
**for intakes and for immediate assistance**  
**Business Phone 215-564-5301**  
**Fax: 215-564-5723**

### **Program Description**

Women in Transition (WIT) is an early intervention and prevention counseling agency that provides feminist empowerment counseling and information and referral services for women and their families in the Greater Philadelphia Region. Services are directed to women whose lives are endangered by intimate partner abuse and/or by substance abuse.

WIT is located in Center City Philadelphia and is easily accessed by public transportation or car. To assure accessibility for women on limited incomes, SEPTA tokens are available. WIT's office is accessible to people with physical and/or visual disabilities.

Basic business hours are 9 a.m. to 9 p.m. Mondays through Thursdays, and 9 a.m. to 4 p.m. on Fridays. WIT's comprehensive crisis hotline provides information, resources, and referrals 24 hours a day, 7 days a week.

### **Services Provided**

- The 24 hour hotline 215 751-1111: for domestic violence and/or substance abuse crisis counseling, referrals for other kinds of services, or to schedule an intake appointment.
- Intake Assessment: A comprehensive interview to determine the extent of a person's needs and the type of service best suited to meet her needs. WIT's Crisis Intervention Counselor works with each woman to set short-term goals and to make a personal plan of action.
- Lifeline Support Groups: a series of psycho-educational support groups which focus on empowerment, education and healing. Group members discuss dynamics of interpersonal violence and alcohol/drug abuse, review their concerns about what is happening, and address their fears and how becoming safe and sober means changing their lives.
- Individual Counseling: focusing on personalized skill development and helping women to overcome personal obstacles to attaining safety and sobriety.

- Life Management Counseling: supplementing the individual and group services to help women develop survival skills and access resources such as job training, health care, welfare and child care.
- Community Education, Advocacy and Training: trainings and presentations to the community on the intersections between violence against women, substance abuse, and child abuse; and advocacy to help systems better serve women in recovery and women being abused. To request a speaker or training call 215-564-5301 ext. 130

## **Eligibility Criteria**

All WIT's service are available free to women who are or were being abused by a male or female partner, to women struggling with addictions to alcohol or other drugs, and to women confronting both of these issues. There are no income eligibility requirements, or residential requirements.

## **Referral Process**

Women who wish to receive services can call the 24-hour hotline 215-751-1111 to arrange for an intake appointment. WIT staff must speak directly with the women who are coming in for service. Staff is not able to schedule an appointment or call women back at the request of a third party.

## **Additional Outpatient Programs**

### **Teen Pregnancy & Substance Abuse Prevention Programs**

Jewish Family and Children Services  
Project Pride  
10125 Verree Road – Suite 300  
Philadelphia, PA 19116  
Phone 215-934-5551

Shalom Inc.  
1080 N. Delaware Ave. – 6<sup>th</sup> Floor  
Philadelphia, PA 19125  
Phone 215-425-7727  
Fax 215-425-7785

# **Transitional Housing**

**A New Life Program  
1701 N. 8<sup>th</sup> Street  
Philadelphia, PA 19122  
Phone 215-763-0900  
Fax 215-763-8088**

**Program Description**

**Mentor Home Placement Component**

The mentor component requires that women and their infants live with a family for approximately three months while attending A New Life Intensive Outpatient Program. Services include relapse prevention, life and parenting skills to sustain their recovery as well as nurture children.

**Transitional Housing**

Upon successful completion of mentor placement or OESS referral, women and their infants move into transitional housing for a one year period in a shared living situation. Family reunification begins with weekend visits and ongoing family support. Families work towards self-sufficiency as the program helps them in finding permanent housing.

**Service Provided**

- Relapse prevention education
- Individual and group counseling
- Family therapy
- Parenting skills training
- Adult Basic Education and GED preparation
- Health, sexuality and family planning workshops
- Independent living skills classes (budgeting, nutrition, child care, home maintenance, etc.)
- Job readiness training
- Referrals for health and mental health care
- Day care for infants
- Home visiting by counselors
- Developmental assessments and referrals for children to appropriate intervention programs.
- Support groups for mentors and children's caretakers
- Recreational and social activities
- Housing assistance
- 12-Step support groups

## **Eligibility Criteria**

A New Life Program at R.W. Brown Community Center, a unit of Caring People Alliance, is an Intensive Outpatient Program and Outpatient Program for addicted pregnant and/or parenting women.

## **Referral Process**

Call 215-763-0900 ext. 162 for the Intake Coordinator

**Bridges' Step Down**  
**4126/28 Parkside Avenue**  
**Philadelphia, PA 19104**  
**Phone: 215-871-0300**  
**Fax: 215-477-0244**

### **Program Description**

Bridges' Step Down is a transitional housing program dedicated to preserving the family unit, promoting self-sufficiency, and helping to sustain recovery. It offers one and two bedroom apartments to women recovering from drugs and alcohol addiction with up to three children under the age of twelve.

### **Service Provided**

- 24 hour staff support
- NA and AA meetings
- Case Management
- Job Readiness training
- Beginners Group
- Recreational activities

### **Eligibility Criteria**

- Clients must be admitted directly from an inpatient drug treatment facility or an Outpatient program approved by CODAAP.
- Single women or women with children

### **Referral Process**

Contact 215-871-0300 ext. 15 and speak with the Admissions Coordinator. We do not accept self-referrals.

**Mercy Hospice**  
**334 S. 13<sup>th</sup> St.**  
**Philadelphia, PA 19107**  
**Phone 215-545-5153**  
**Fax 215-545-1872**

## **Program Description**

Mercy Hospice has been serving homeless women, children and single women since 1976 as a residence and day services program.

The residential program provides emergency shelter for Office of Emergency Shelter and Services (OESS) clients and recovery housing for CODAAP clients. We are a clean and sober facility dedicated to empowering the women to make the changes necessary to live self-sufficiently. We recognize and celebrate the uniqueness of each woman and child we serve.

The day services program meets women where they are and makes no demands for changes. We meet basic needs without questions and gladly provide services to women who are interested in changing their lives.

## **Services Provided**

- Case management
- Life skills classes
- Daily educational groups
- On-site D&A groups
- Parenting classes
- Limited child care
- Day services – lunch, 7 days per week – women and children 11 a.m.; single women 12 p.m.
- Showers and change of clothes
- Use of phone
- Legal services

## **Eligibility Criteria**

OESS clients – deemed homeless by OESS, willingness to participate in D&A and/or mental health programs if necessary. CODAAP clients – participation in outpatient program and motivation for recovery.

## **Referral Process**

OESS – Through OESS

CODAAP – Through in residential or outpatient D&A program

OESS & D&A program should contact Intake Worker

**Resources for Human Development  
Endow-A-Home  
3721 Midvale Avenue  
Philadelphia, PA 19129  
Phone: 215-951-0330  
Fax: 215-951-0342**

**Program Description**

*Endow-A-Home* provides housing and comprehensive case management for women and their children who have been homeless. EAH's scattered-site houses currently provide homes for 45 mothers and 128 children. EAH receives basic administrative support through its parent organization (Resources for Human Development). EAH targets motivated women with the capacity to lead a successful independent life by providing affordable housing and case management services.

**Services Provided**

- Case management for all family members
- Financial management trainings
- Life skills trainings
- Relapse prevention education
- Children's programs
- Health care seminars
- Home visits
- Individual and group counseling
- Family counseling
- Recreational and social activities
- Preventive health seminars
- Educational plan development and follow through assistance with matriculation and financial management
- Parenting skills workshops

## **Eligibility Criteria**

Single mothers over 21 years old with children under age 18 and history of homelessness. One year drug free and willing to participate in outpatient treatment, able to obtain three professional references, willing to participate in structured program. Mothers must have a Section 8 certificate/voucher.

## **Referral Process**

A potential candidate for EAH may be referred by a social service agency she is involved with, or by word of mouth from a mother who participates in the program already.

## **Additional Transitional Housing Programs**

### **Transitional Housing Programs**

Acts Christian Transitional Services  
1428 N. 28<sup>th</sup> St.  
Philadelphia, PA 19121  
Phone 215-769-9799  
Fax 215-236-8093

